



BIONETICS. THE STUDY OF LIFE.

# HOMEOPATHY & BIOENERGETIC SCIENCE

## BACKGROUND

*“To sum it up...homeopathic remedies and the guidance I received from my practitioner saved my life! Four years ago I had rheumatoid arthritis, fibromyalgia and chemical poisoning. I was headed into some very serious lymphatic problems, totally fatigued, in constant pain and could barely turn my head. It took commitment — and a lot of days when I felt worse before I began to feel better — but I stuck with the program. Now I don’t have the stiffness and chronic pain and I go to work every day at a job I love.”*

— Sylvia P., BodyScan Patient

The man known as *the father of homeopathy* was Dr. Samuel Hahnemann, a German physician. During the late eighteenth century, Hahnemann rediscovered and redefined some basic principles regarding the nature of health and illness that even today seem radical. For the last two centuries, Hahnemann’s philosophy and methods have withstood the test of time, have proven to be effective, and have remained overshadowed only by the limits of conventional thinking.

Hahnemann’s dedicated research laid much of the groundwork for principles of healing using vibrational science. From a contemporary perspective, his work can be translated into several key factors:

1. Subtle energy known as the **Life Force** exists in all living things occurring in nature.
2. The human body is affected if the Life Force vibrates at less harmonious frequencies than it should. Such a situation creates a weakened condition and opens one to a state of illness.
3. Every naturally-occurring substance—plant, mineral and animal—has a unique **signature** or particular vibrational frequency that identifies it in its natural or **healthy** state. Maintaining that frequency maintains its vibrant health.
4. The biochemical properties of a substance, such as an herb, need not be present in order for the healing qualities of that medicine to be effective. The energy from the substance has an effect that is just as strong, if not stronger, than the physical substance itself.
5. When the right substance is **matched** correctly to the specific Life Force imbalance which is causing the symptom or disease, the energy is **returned** and the body will return to homeostasis or balance.

Hahnemann's legacy can be summed up in the phrase *similia similibus curentur*—*let likes be treated by likes*—recognizing that symptoms are an effort by the body to heal itself. Homeopathy sees symptoms as the body's natural response in fighting illness. Consequently, symptoms are utilized as a source of information to guide the selection of the most appropriate remedies for a person's specific ailments.

Conventional allopathic medicine perceives symptoms to be the result of illness, and proceeds on the principle that a disease or symptom is cured by using a medicine that opposes the symptom. Often, this entails direct suppression of the symptom. The predominant allopathic philosophy is *contraria contraries*—use medicines to stop the symptoms.

### HOMEOPATHY AND SELF-HEALING

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Homeopathic remedies utilize minute amounts of natural substances to stimulate the body's self-healing process; the body's resources are used to resolve symptoms rather than suppress them. Homeopathic treatment seeks to mobilize the innate healing powers of the individual so that all physiological systems function at their best, and the body's innate curative powers are activated.

Following Hahnemann's death in 1843, other homeopathic physicians elaborated and refined his discoveries. Many found exceptional success. Although no one exactly knows how it works, the premise of homeopathy and its use is growing daily, and homeopathy has become a key element in the practice of bionetic balancing, stress reduction and vibrational medicine.

### HOMEOPATHY TODAY

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Homeopathy enjoys widespread support in Europe and Canada. Historically, homeopathy was once widely practiced in the United States. After virtually disappearing from the forefront of medicine in the early



twentieth century, it is once again rapidly gaining popularity. Currently, American universities such as UCLA and the University of Washington are researching the effects of homeopathy. Courses using homeopathic formulations are being taught at Harvard Medical School, Tufts and Duke Universities. German physicians have developed advanced techniques in homotoxicology and immunotoxicology. Homotoxicology, primarily through the use of homeopathy, helps the body eliminate toxic stress responses to antibiotics, x-rays, metals and other substances that create stress and illness within the body.

Homeopathy works effectively with a wide variety of acute and chronic problems, including infections, allergies, gynecological difficulties and digestive problems. Homeopathy also helps to prevent future problems by increasing the individual's immunological strength and resistance which is normally lowered due to the stresses of everyday living.

### HOMEOPATHIC MEDICINE

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Homeopathics are prepared according to Pharmacopeia and FDA guidelines and have been classified as **GRAS**, Generally Regarded As Safe. More than half of all homeopathic medicines are derived from plants. For example Arnica, St. John's Wort, Marigold and Rosemary have become common homeopathic medicines. The animal kingdom provides substances such as hormones, venoms, and physiological secretions. Forms of homeopathic remedies include pellets, tablets, dilutions, ointments and suppositories.

Guidelines for administering homeopathic remedies:

- Keep away from heat or sunlight.
- Take between meals.
- Products containing camphor, caffeine, chocolate, nicotine, raw garlic, menthol or mint should be avoided, especially one to two hours before and after taking homeopathic formulas.
- Homeopathy may induce flu-like symptoms. If this happens, cut your dosage in half and then gently increase intake back to the full dosage over a one week period.
- Homeopathics will not interfere with prescription medications. **Don't interrupt pharmaceutical therapy without consulting your physician.**

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